



MATT ISEMAN

BIOGRAPHY

Matt Iseman is the host of NBC's hit reality competition show "American Ninja Warrior" as well as the host of the show's spinoff, "Team Ninja Warrior," which airs on USA Network.

Iseman, whose career journey began as a doctor before he became a host, comedian and actor, has appeared on shows such "Clean House" and "Clean House Comes Clean," for which he won an Emmy Award. He is also currently the main medical correspondent for the Hallmark Channel's "Home & Family" and, in addition, he recently won season eight of NBC's "The New Celebrity Apprentice."

His ongoing battle with rheumatoid arthritis transformed him into a strong supporter of the Arthritis Foundation, the charity he represented while winning "The New Celebrity Apprentice."

As a stand-up comic, Iseman has recurred on "Comics Unleashed" and is a regular on the L.A. comedy club circuit. He has traveled to Afghanistan to perform for U.S. troops.

Iseman made his movie debut in "Transformers 2" and has made appearances on the "The Drew Carey Show," "NCIS," "Courting Alex" and had a recurring role on "General Hospital." He's appeared on "Premium Blend" on Comedy Central, "Comics Unleashed" with Byron Allen, "The Greg Gutfeld Show" and as a guest co-host on "Today." His CD, "I Want a Happy Ending," has become an iTunes sensation. You can also hear his comedy on SiriusXM, Pandora and countless radio stations around the nation.

After graduating with honors from Princeton University and the Columbia College of Physicians and Surgeons, where he received his medical degree, he returned home to the University of Colorado for his residency in internal medicine. Then, in a move that shocked patients and parents alike, he quit his job as a doctor and moved out to Hollywood to pursue stand-up comedy and never looked back.



PROJECTS



usa



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‘American Ninja Warrior’ hosts preview the show’s 9th season

“American Ninja Warrior” hosts Matt Iseman and Akbar Gbaja-Biamila are live on the TODAY plaza along with a squad of ninjas to talk about the ninth season of the reality competition, which they reveal will include new challenges such as the Spinball Wizard. And Gbaja-Biamila has another revelation: Next season, he says, “I’m going to do the qualifying round.”

<https://www.today.com/video/-american-ninja-warrior-hosts-preview-the-show-s-9th-season-1007462979755>

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live
**Kelly &
Ryan**



Velcro Wall Game With Matt Iseman

Kelly and Anderson Cooper challenge "American Ninja Warrior's" Matt Iseman in velcro suits.

<https://www.youtube.com/watch?v=QzEIMEutn5g>

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American Ninja Warrior Hosts Give Steve a Gift from the Course
Matt Iseman and Akbar Gbajabiamila recall their favorite season highlight from Ninja Warrior and gives Steve a special gift.

<https://www.youtube.com/watch?v=oi8LkV40k8w>

The logo for Harry, featuring the word "HARRY" in large blue capital letters within a white rectangular border.



WEB EXCLUSIVE: Who Is Matt Iseman?

The "American Ninja Warrior" host gets recognized a lot, but Matt's not sure people know who he is.

<https://www.youtube.com/watch?v=24elseYHABs>
<https://www.youtube.com/watch?v=sf0x1i0dm24>
<https://www.youtube.com/watch?v=0-Rrpl4V3Kg>

PRESS: ON CAMERA



MATT ISEMAN SPEAKS ON "AMERICAN NINJA WARRIOR," "THE NEW CELEBRITY APPRENTICE" AND MORE

Matt Iseman returns as host, along with Akbar Gbajabiamila and co-host Kristine Leahy of NBC's hit show, "American Ninja Warrior." The action-packed series follows competitors as they tackle a series of challenging obstacle courses in both city qualifying and city finals rounds across the country. Those that successfully complete the finals course in their designated region move on to the national finals round in Las Vegas, where they face a stunning four-stage course modeled after the famed Mt. Midoriyama course in Japan. New obstacles and several new cities await competitors in their continuing quest for physical excellence and grand prize of \$1 million.



<https://build.aol.com/video/597667338c08e0065faf3ef4/>
<https://build.aol.com/video/5976655bc214e3389bd6c8c3/>

<https://build.aol.com/video/5976655b83b51f1082000f05/>
<https://build.aol.com/video/5976655bb90afb7af6f64245/>

PRESS: ON CAMERA

Men's Fitness

'American Ninja Warrior' host Matt Iseman on conquering some of life's most challenging obstacles



MATT ISEMAN HAS a cool job—a *really* cool job.

For eight seasons, he's been one of the hosts of one of the most exciting shows on television: *American Ninja Warrior*.

<http://www.mensfitness.com/life/entertainment/american-ninja-warrior-host-matt-iseman-conquering-some-lifes-most-challenging>

Entertainment WEEKLY

How an *American Ninja Warrior* viewer saved a contestant's family



American Ninja Warrior contestant Kenneth Niemitalo had the scare of his life a few days after the birth of his daughter, Hazel, in April 2015. The infant was diagnosed with congenital nephrotic syndrome and required a kidney donation. As co-host Matt Iseman told EW ahead of Sunday's Emmys ceremony, *American Ninja Warrior* ended up changing the fate of Hazel and her family.

"Last season, [Kenneth's] on the course. He's competing and his mind's not there because he just had a daughter, she's in the neonatal intensive care unit with kidney failure and she has no hope other than a kidney donation," Iseman explained.

<http://ew.com/tv/2017/09/13/american-ninja-warrior-saved-contestants-family/>

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<http://www.golfchannel.com/video/which-golfer-could-be-american-ninja-warrior/>



<https://www.youtube.com/watch?v=ddBW01wFXSg&feature=youtu.be>



http://www.nbcnewyork.com/on-air/as-seen-on/Chatting-With-The-Cast-Of-ANW_New-York-436319323.html



<http://www.foxla.com/good-day-la/279260450-video>



<https://www.cheddar.com/videos/american-ninja-warrior-host-matt-isemans-own-challenge>
<https://www.cheddar.com/videos/169400>



<http://www.goldderby.com/video/akbar-gbajabiamila-and-matt-iseman-qa-american-ninja-warrior/>

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<http://www.9news.com/life/we-talked-to-american-ninja-warrior-host-matt-ise-man-and-athlete-jessie-graff/475281145>



http://www.nbcnewyork.com/on-air/as-seen-on/Matt-Iseman-on-American-Ninja-Warrior_New-York-442019143.html



<http://www.12news.com/opinion/inside-12/he-is-a-serious-contender-to-win-the-whole-thing-phoenix-man-competing-on-ninja-warrior/476821872>



<https://www.facebook.com/peoplemag/videos/10156125001613132/>

PRESS



FIND OUT WHICH THIS IS US STAR WANTS TO COMPETE ON THE 'BRUTAL' AMERICAN NINJA WARRIOR COURSE

<http://people.com/tv/american-ninja-warrior-justin-hartley-compete/>



TV RATINGS MONDAY: 'BACHELOR IN PARADISE' FINALE STEADY (FOR NOW), 'NINJA WARRIOR' LEADS

<http://tvbythenumbers.zap2it.com/daily-ratings/tv-ratings-monday-sept-11-2017/>



MONDAY PRIMETIME RATINGS: 'NINJA WARRIOR' LEADS NBC

<http://www.broadcastingcable.com/news/programming/monday-primetime-ratings-ninja-warrior-leads-nbc/168571>



WATCH: AN 'AMERICAN NINJA WARRIOR' BIDS EMOTIONAL ADIEU TO HIS CANINE SIDEKICK

<https://www.tvinsider.com/423139/american-ninja-warrior-season-finale-brent-steffensen-mc-mogley/>



'AMERICAN NINJA WARRIOR' DOMINATES BROADCAST MONDAY FOR NBC

<http://deadline.com/2017/09/nbc-wins-monday-ratings-american-ninja-warrior-dominates-1202168873/>



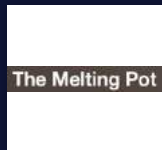
TOP 5 THINGS TO DO THIS WEEKEND IN SOUTHWEST FLORIDA

<http://www.naplesnews.com/story/entertainment/2017/08/24/top-5-things-to-do-weekend-southwest-florida/573486001/>



TV RATINGS: 'AMERICAN NINJA WARRIOR' HITS NEW SEASON HIGH

<http://www.hollywoodreporter.com/live-feed/tv-ratings-american-ninja-warrior-hits-new-season-high-1038444>



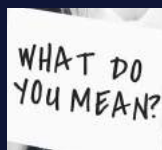
NBC'S AMERICAN NINJA WARRIORS

<https://www.iheart.com/podcast/219-The-Melting-Pot-25498552/episode/nbcs-american-ninja-warriors-28452923/>



COMIC MATT ISEMAN, 'NINJA WARRIOR' HOST AND 'CELEBRITY APPRENTICE' WINNER, PERFORMS NAPLES

<http://www.naplesnews.com/story/entertainment/2017/08/23/comic-matt-iseman-ninja-warrior-host-and-celebrity-apprentice-winner-performs-naples/566514001/>



THIS WAS SOME CASEY ANTHONY SH*T

<https://whitneywolanin.com/2017/09/06/wdym-012-this-was-some-casey-anthony-sht>



TRACEE ELLIS ROSS HONORS EVAN ROSS, ASHLEE SIMPSON AT OPERATION SMILE GALA

<http://variety.com/2017/scene/news/operation-smile-gala-2017-tracee-ellis-ross-ashlee-simpson-evan-ross-1202553371/>

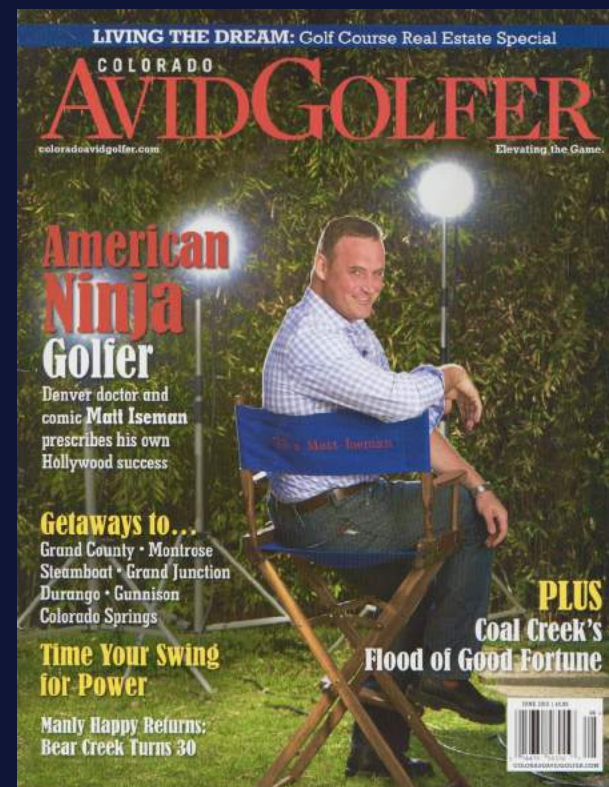


HEATHER DUBROW'S WORLD

<https://www.podcastone.com/heather-dubrows-world>



PRESS



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December 2015

MEN + ARTHRITIS

playing the man card

HAVING ARTHRITIS IS TOUGH. BUT MEN ARE SUPPOSED TO BE, TOO. RIGHT? HERE'S WHAT A FEW MEN WITH ARTHRITIS HAVE TO SAY ABOUT IT. BY TIMOTHY GOWER

Being a guy in today's world means facing constant challenges, like finding the right golf app for your smartphone or coming over a bald spot without looking like Donald Trump. However, being a guy with arthritis comes with some very real difficulties. Having sore, stiff joints can get in the way of fulfilling many roles we often associate with men, whether it's providing for the family, cutting the grass or hanging out with the guys. Dealing with arthritis can often leave a guy feeling like he's been stripped of his man card.

Men react to symptoms differently than women do, partly as a result of physiological differences. "Hormones play a big role in pain perception," says Jalla Kim, PhD, clinical psychologist at the Hospital for Special Surgery in New York City, explaining that estrogen lowers pain tolerance. Yet social expectations about masculinity can work against men coping with arthritis symptoms.

"Men learn to live by certain rules, which include not expressing our feelings, holding back important information and not wanting to appear vulnerable," says Robert Garfield, MD, a psychotherapist and professor of psychiatry at the University of Pennsylvania and author of *Breaking the Male Code: Unlocking the Power of Friendship* (Gotham, 2015).

Rheumatologist Neil Kramer, MD, sees the price of male stoicism in his practice at Overlook Medical Center in Summit, N.J. "Men tend to ignore their symptoms and will tolerate a lot more swelling and overt signs of arthritis, much more than the women I treat," he says. "Those same men run the risk of having progressive joint damage and becoming more disabled."

Yet doctors also sound notes of optimism about their male arthritis patients. "They tend to be very positive in their outlook and carry on with their lives," says Dr. Kramer.

It's important to maintain perspective, adds Kim. "You might have to change how you do certain things, but you are the man you used to be."

Here are the stories of five men who say arthritis challenged their very sense of "guy-ness," but who made some adjustments and are winning the game.

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Matt Isman, 44
RHEUMATOID ARTHRITIS
Los Angeles

One of the Guys

Matt Isman is a funny man, but the standup comic and cohost of *American Ninja Warrior* isn't laughing as he recalls a pickup basketball game with some buddies during his college reunion in 2002 at Princeton University. At 6 feet, 3 inches, Isman has always been athletic; he was a star pitcher on Princeton's baseball team. Since heading to Hollywood to pursue

PHOTOGRAPH BY THE ARTHRITIS FOUNDATION

EVENTS



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mattiseman.com



CONTACT



AGENCY

William Morris Endeavor (WME) Entertainment

P: 310-285-9000

Richard Gamble

E: RGambale@wmeentertainment.com

Amir Shahkhalili

E: ash@wmeentertainment.com

Silvio Lund

E: SLund@wmeentertainment.com

MANAGEMENT

Octagon Entertainment

P: 310-854-8100

Kyell Thomas

E: Kyell.Thomas@octagon.com

PUBLICITY

Persona PR

P: 310-601-2734

Jordyn Palos

E: jordyn@persona-pr.com

Cristina DiCocco

E: cristina@persona-pr.com

persona/pr

Created by:
Madison Buckley